

Macluumaad dheeraad ah:

MN State Services for the Blind
2200 University Avenue West, Suite 240
Saint Paul, Minnesota 55114
Fariimaha: 651.539.2300
Taleefan Lacag La'aan ah: 800.652.9000
www.mnssb.org

Jaxaa la idiin Hayaa?

Adeegyada Shaqada ee Ardeyda
iyo Dhallinyarada Indhoolaha ah,
Indhoolaha Dhegaha La' iyo Kuwa
Araggoodu Yar Yahay

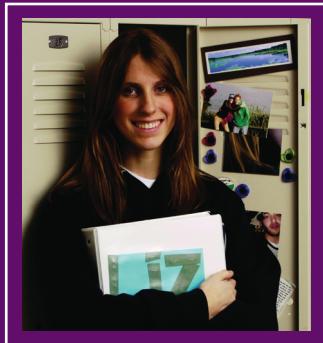


Maxaa adiga laguu hayaa?

**Indhoolaha, Indhoolaha
Dhegaha La' iyo ardeyda
araggoodu yar yahay waxaa loo
heli karaa shaqooyin muddo
dheer oo ah noocyoo badan.**

Haddii aad rabto in aad hesho madaxbannaani iyo shaqo dugsiga sare ka dib, ka soo codso adeegyada indhoolaha ee gobolka (State Services for the Blind ama SSB).

Waxaad soo codsan kartaa markaad gaarto 14 sano. Sida ugu dhakhso badan ayaa kuu fiican! Haddii aad rabto shaqo caadi ah ama mid muddo dheer, SSB ayaa ah meesha ku caawineysa.



Maantaba Nala soo xiriir!

La-taliyeyaasha SSB ayaa kaaga jawaabi kara wixii su'aalo ah sida kuwa hoos ku qoran:

- Waa maxay shaqooyinka muddada dheer ee aan rabo ama aan qaban karo?
- Waa kuwee shaqooyinka ku fiican waxa aan rabo ama aan qaban karo?
- Sidee baan faahfaahin uga helayaa shaqada aan ugu jeclahay?
- Waa maxay waxyaabaha aan sameyn karo si aan shaqadaas u helo?
- Ka warran haddii aan u baahdo tababar badan?
- Sidee baan isaga bixinayaa lacagta iskuulka ama barnaamij aan tababar ka helayo?

