

# M

## acluumaad dheeraad ah:

MN State Services for the Blind  
2200 University Avenue West, Suite 240  
Saint Paul, Minnesota 55114  
Farriimaha: 651.539.2300  
Taleefan Lacag La'aan ah: 800.652.9000  
[www.mnssb.org](http://www.mnssb.org)

# M

## axaa la idiin Hayaa?

Adeegyada Shaqada ee Ardeyda  
iyo Dhallinyarada Indhoolaha ah,  
Indhoolaha Dhegaha La' iyo Kuwa  
Araggoodu Yar Yahay



Adeegyada Gobolka ee Indhoolaha – Barnaamijka Baxnaaninta Xirfadaha Shaqada ee dadka indhoolaha ah, Indhoolaha Dhegaha La' iyo Kuwa Araggoodu Yar Yahay

# Maxaa adiga lagu hayaa?

**Indhoolaha, Indhoolaha  
Dhegaha La' iyo ardeyda  
araggoodu yar yahay waxaa loo  
heli karaa shaqooyin muddo  
dheer oo ah noocyo badan.**



Haddii aad rabto in aad hesho  
madaxbannaani iyo shaqo dugsiga  
sare ka dib, ka soo codso adeegyada  
indhoolaha ee gobolka (State  
Services for the Blind ama SSB).

Waxaad soo codsan kartaa markaad  
gaarto 14 sano. Sida ugu dhakhso  
badan ayaa kuu fiican! Haddii aad  
rabto shaqo caadi ah ama mid  
muddo dheer, SSB ayaa ah meesha  
ku caawineysa.

# Maantaba Nala soo xiriir!

**La-taliyeyaasha SSB ayaa kaaga jawaabi kara  
wixii su'aalo ah sida kuwa hoos ku qoran:**

- Waa maxay shaqooyinka muddada dheer ee aan rabo ama aan qaban karo?
- Waa kuwee shaqooyinka ku fiican waxa aan rabo ama aan qaban karo?
- Sidee baan faahfaahin uga helayaa shaqada aan ugu jeclahay?
- Waa maxay waxyaabaha aan sameyn karo si aan shaqadaas u helo?
- Ka warran haddii aan u baahdo tababar badan?
- Sidee baan isaga bixinayaa lacagta iskuulka ama barnaamij aan tababar ka helayo?

